

Professor Bruce Tonge

Head, School of Psychology & Psychiatry , Monash University

PROTECTING OUR MENTAL HEALTH

Promoting Resilience for our Children and the Whole Community

Professor Tonge is one of Australia's eminent psychiatrists. He recently co-authored "I just want to be happy: Preventing and Tackling Teenage Depression". Over the past six years he has also been championing children's wellbeing through RESILIENCE AUSTRALIA a program of the Mental Health Foundation of Australia

WHEN: Tuesday 3 August 2010
WHERE: Marysville Community Golf and Bowls Club, 956 Buxton-Marysville Road
TIME: 7.00pm to 8.30pm

Professor Tonge will cover the current project *Building Children's Resilience in Fire Affected Communities* which has been providing training for caregivers and others across the Triangle Communities and surrounding townships.

He will also speak about the importance of first responders and disaster planners adopting the framework employed in this project to protect the wellbeing of all involved after a disaster.

WHO IS INVITED: Any member of the public but especially any who served in the following capacities:

- CFA personnel
- Law enforcement personnel
- First responders in disasters
- Community leaders
- Disaster planners
- Public health and safety workers such as construction workers, body recovery workers, sanitation workers, and engineers;
- Teachers
- Politicians
- Religious leaders
- Support agencies
- Communications personnel
- Security officers
- HR managers
- Administrators in organisations including councils and schools

ENQUIRIES: ALAN SUTHERLAND, PROJECT OFFICER, MENTAL HEALTH FOUNDATION OF AUSTRALIA: 03 9427 0407



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