


# Support for supporters

Information for volunteers and workers who supported people and communities affected by the 2009 Black Saturday bushfires



Thursday 24 June  
6.30pm – 8.30pm

To register email  
[lgracie@redcross.org.au](mailto:lgracie@redcross.org.au)

**Speakers:**

Amanda Allan  
Mandala Foundation

Tony McHugh  
Austin Hospital

Come along and learn more about:

- What is it to feel 'normal' at the moment
- Some tips on transitioning back into 'non-fire' work
- Information about how you can support your colleagues, friends and family

**Date:** Thursday 24 June 2010

**Time:** 6:30pm – 8:30pm (light supper provided)

**Venue:** Red Cross offices: 23-47 Villiers St, North Melbourne

\* Partners, family and friends of volunteers and workers are welcome to attend