

*Inclusive of GST.*

**VICTORIAN BUSHFIRE APPEALS FUND**  
**HEALTH AND WELLBEING PROGRAM FOR OLDER PEOPLE**

We are seeking your assistance in identifying community groups and organisations interested in applying for and implementing projects.

**Physical Activity Programs** – 16 grants for community based organisations to deliver physical activity programs such as yoga, strength training, tai chi, dance and aerobics for older people. Up to \$30,000 funding available for each project.

**'Looking Forward' Seniors Gardening Activities** - 16 grants to local community groups to enable older people to reconnect with their communities and contribute to the health and well being of the community by re-establishing gardens lost in the fires. Participants will gain new skills through establishing drought proof and fire resistant gardens. Activities can include rebuilding their own gardens and developing community gardens. Project activities will reflect the interests of the community and will be initiated by older people. Activities can be linked to local community hubs, retirement villages, and include intergenerational aspects via projects involving children at kindergartens and school. Up to \$21,000 funding available for each project.

**Social Connections** - 16 grants to local organisations in partnership with community groups such as local Universities of the Third Age (U3As), Senior Citizens Clubs, Men's Sheds to enable volunteer tutors and local champions to deliver classes in fire affected areas. Classes will be community initiated and based on the interests of older people, such as travel, book clubs, genealogy, local history, arts and crafts. Activities will support older people to pursue areas of interest and enhance their quality of life by building new skills, friendships, social networks and participation. Up to \$20,000 funding available for each project.

Please contact

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92083855

*Sally Iswin 9208 3662*

*Equipment*  
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