

Recovery *and* Relationships

Don't allow one tragedy to cause another!

In the months following the Black Saturday Bushfires, the struggle to resume normal daily life has put many families and relationships under pressure.

In this informal yet practical session, family and relationship counsellors Kathryn Allison and Tony Pirotta, aim to help us understand the different reactions we can have to stressful situations and how men and women's responses can create their own tensions.

Recognising the signs of tension and practical ways that couples can grow through unexpected challenges will be discussed. Identifying signs of stress or trauma in children and how they can be supported will also be part of the session.

Anyone who is interested is welcome to attend.

Where: Our Lady of the Snows, Marysville
When: Saturday 17 Oct
11:00 am – 2:00 pm (includes lunch)
How to register: Call Penny or Matthew on 9287 5579
by Thursday 15 Oct

There is no charge for the session. Lunch will be provided.

This event is being jointly sponsored by the Life, Marriage and Family Office and Bushfire Recovery Unit of the Catholic Archdiocese of Melbourne.

Life Marriage
and Family Office

CATHOLIC ARCHDIOCESE OF MELBOURNE

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