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Alexandra District Hospital invites suitably qualified applicants for the following positions:
An experienced Cook in the Food Services Department
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Experienced persons to work as Food and Domestic Services Assistants
We are looking for staff with exemplary cleanliness and hygiene standards and a commitment to teamwork. Alexandra District Hospital is a fully accredited Hospital and an E.E.O. employer.
Please contact Sally Musgrove for a detailed position description.
Applications close at 5.00pm Friday 22nd May 2009 and should be addressed to:
Ms Heather Byrne,
Chief Executive Officer/Director of Nursing
PO Box 21, ALEXANDRA 3714

Marysville Medical Clinic

Clinic is now open Tuesdays and Thursdays from 10.00am until 5 pm.

Dr Fraser is now seeing patients at the Buxton Community Health building.

When Dr Fraser is unavailable, patients will be seen by:

Dr Rod Trevena (Thursdays) or

Dr Stephen Trumbe (Tuesdays)

For appointments please call 5772 0888 and leave a message.

Appointment times will be confirmed by return call during clinic hours.

Flu vaccinations are now available at the Marysville Medical Clinic.

Please phone 5772 0888 to make an appointment.

Flu vaccines are subsidised for over 65's, otherwise \$15 per vaccine.

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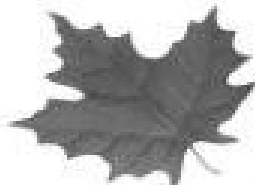
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marysville triangle real estate

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2961 Maroondah Highway Taggerty Vic. 3714

Dianne 0419 518 491

Grant 0419 300 230

Karen 0402 616 401

email: karrabilie@optusnet.com.au

22nd May 2009

LOCALS WORKING *WITH* LOCALS

Other towns have risen from a disaster similar to that experienced by the Triangle on Black Saturday. The residents of Cockatoo returned and rebuilt their town after the Ash Wednesday Fire in 1983. Today they boast a township comprising a community shopping centre, which includes a supermarket, a butcher, a pharmacy and takeaway food shops. They have rebuilt a kinder, schools, bed and breakfasts, churches, and the post office and further provided a Bendigo Bank and mobile library.

Here in the Triangle we can and will have many of these facilities again. The "Triangle" is a small tightly knit community consisting of Buxton, Narbethong, Granton, Marysville, and Taggerty committed to helping and supporting each other as locals.

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A brief history of Marysville
by Ann Thomas - Available from
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A Marysville & District Lions Club project

Triangle Community Dance Group

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BUXTON PROGRESS ASSOCIATION Inc. Buxton Community Hall

The BPA is currently assessing the present and future use of
the Buxton Hall.

As part of this process we are seeking community input from
interested parties within the Triangle area.

To enable the committee to accommodate a variety of users,
could persons or groups interested in using the hall for any
purpose please email suggestions or requirements to Karen
Morrison karrabillie@optusnet.com.au

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ATTENTION

ALL COMMUNITY GROUPS / CLUBS

Marysville & District Lions club is providing the take-away
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or

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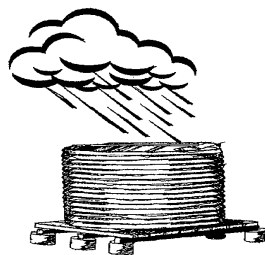


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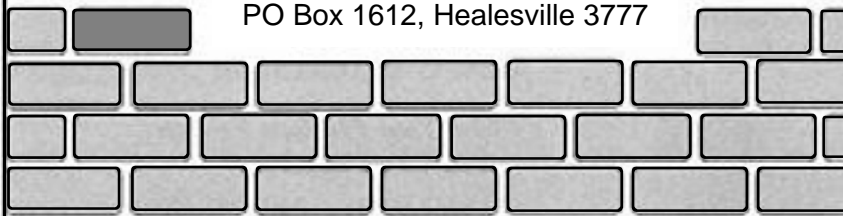
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MAYORS CHAIR

Last week, the Victorian Bushfire Appeal Funds Advisory Panel announced a new Winter Needs Payment for those affected by the bushfires. A figure of \$2,000 will be released to all individuals and families who have already received rebuilding/recovery grants or national disaster relief and recovery arrangements. The payments will be appearing automatically in those bank accounts shortly and are intended for winter necessities, such as blankets, heaters, etc. but certainly can be used for more substantial costs – such as insulation or buying up goods to make you more comfortable in temporary housing over winter. If you have any enquires about this payment, call 1800 180 213.

Also announced was a \$1,000,000 fund available to communities for events, functions, etc. over the winter period, to bring people together as we used to. Events such as film nights, dances and roast nights are included and where the facilities where these events took place are no longer functional, there is funding to accommodate these events elsewhere.

We are thrilled that the Appeal Fund has released these payments which may bring a bit more warmth emotionally and physically over the winter months.

We are also delighted to announce that Murrindindi Shire Council has received a cheque from the good people in the town of Buxton, Derbyshire in the United Kingdom. The Mayor of High Peak, Cr Robin Baldry, writes the following with the cheque: *"I am sure this will be put to some very good use. We look forward to knowing that the area is on the recovery road and families are now coming to terms and getting back to building themselves a life again. My sincere best wishes to all"*. The cheque is for the figure of almost \$3,000. (£1,135.13). We as council, and all in the shire, are grateful and appreciative of the thoughts of Buxton, United Kingdom.

More good news from the Victorian State Budget with an allocation of \$19,000,000 to redevelop the Alexandra District Hospital and to provide a new Ambulance Station on the

hospital grounds – greatly improving hospital and community health services. This, of course, also adds to employment and the local economy during the construction and makes another outstanding asset in our shire. We applaud the faith and vision shown with this investment in the future of Alexandra.

The 2009 Victoria Bushfires Royal Commission is underway with the sittings in Melbourne. Free streaming access (via computers) is being provided at all of the libraries across the shire and state, including council's mobile library. Written transcripts can also be downloaded.

Last weekend saw the official opening of the temporary village in Marysville. The Governor of Victoria, Dr David de Kretsa was in attendance at the celebrations at Marysville as were Christine Nixon and Premier John Brumby. Radio Marysville (98.5FM) was launched to terrific fanfare. A great day was had by locals and visitors alike. We hope all families involved settle in well to their temporary village and wish them all well for the future.

Last Sunday we attended the memorial service in Moores Road, Flowerdale. A touching and heartfelt ceremony to remember our friends and neighbours from this area who we lost in the February fires. After the ceremony, there was a celebration of sorts. It was a bittersweet day – but again showed the fine spirit of the people in our community. We shall not be beaten. With deepest appreciation to the organisers for this memorable day.

Over the past week, councillors have completed the following activities: Bushfire Royal Commission; Flowerdale Memorial Service; Eildon Pontoon launch; Official launch of Radio Marysville 98.5FM; Cathkin Rail reserve Working Bee, ABC KINGLAKE and UGFM radio spots, Alexandra Saleyards, Regional Waste Management Group CRILEN annual general meeting.

'The most worthwhile thing is to try to put happiness into the lives of others' – Lord Robert Baden-Powell.

MAKING IT BETTER.....

Last week we planted bulbs around the Marysville kinder site and playground on Murchison street. there were some left over that we didn't get time to plant, so I brought them back home to do next time we go to Marysville. this is what it said on the side of the shoebox I found to put them in:

"MAKE IT BETTER."

I smiled at that. I opened the box to put the bulbs in and this is what it said on the inside lid of the shoebox:

"HOW WILL WE CHANGE TODAY?"

The opportunity to make it better is everywhere if we choose to act. Better is seeing a void and filling it. Hearing a call for help and answering it. Taking a wrong and making it right. It is as small as making boots, shoes, and gear or as big as changing the world. Better is giving employees paid time to serve. Building a house. Painting a school. Empowering our youth. Feeding the hungry, or revitalising a community. Better is a call to action. A rallying cry. Fearless, determined passionate and connected. It is searching within, reaching out, heading into the eye of the storm, adventuring out to the middle of nowhere and doing so with purpose. So when the sun sets and we think about what tomorrow will bring, we understand that better is not what we do, it is who we are."

Thought I'd share. see you all at the next planting day, (the kids LOVED it, .so too did I).

Jane Fraga.

Your Health and Well-Being

From Community Health

Schizophrenia Awareness Week - 17 to 23 May 2009

Schizophrenia is a major mental illness affecting the normal functioning of the brain. About one percent of the population develops schizophrenia and it is slightly more common in males. It usually begins between age 18 and 25 in men and a little later in women. Some people are more likely than others to develop schizophrenia and it is usually triggered by a combination of contributing factors. With appropriate medical and social support, most people with schizophrenia can live a full and active life.

People with schizophrenia may experience hallucinations – distortions of the senses - including hearing voices and seeing things that aren't there. These sensations are very real to the person. Delusions are also common in schizophrenia. These are fixed and false beliefs, for example, someone inside of me is controlling my thoughts.

People with schizophrenia typically are disorganised in their thinking and may behave strangely, for example, talk to the voices they hear, dress inappropriately, have difficulty concentrating.

Don't argue with the person about their hallucinations or delusions – these beliefs are very real to the person, and they are unable to rationally talk about them. Acknowledge that what the person is experiencing must be very scary for them. Communicate with them in a clear and simple way, repeating things, if necessary. Remember that the person has little or no control over what they are experiencing or the way they are behaving. Don't take the way they treat you personally – they are ill. Gently encourage, but don't push, the person to do what they need to do, and try to ensure they get appropriate professional help.

To get help locally, phone 1300 369 005. To find out more, phone 1800 18 SANE (7263). There are fact sheets available on the internet or contact Community Health.

(Information from Mental Illness Fellowship of Australia Inc)

Community Health at Yea Hospital – phone 5736 0400 and at Alexandra Hospital – phone 5772 0800

“Your Health and Well-Being” articles are available on www.humehealth.com.au/alexandra and www.yeahospital.org.au.

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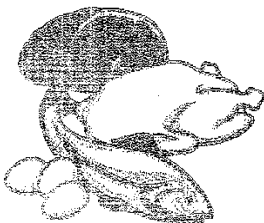


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REAL ESTATE INFORMATION & ADVICE

Ray White Healesville in conjunction with local identity, Bruce Ackerman invites all locals and land holders to attend a real estate information session designed especially for your immediate area to be held at Crossways Marysville on Friday May 22nd at 5.30 pm. A light supper tea and coffee provided as well as full bar service.

This information session is designed to offer you the chance to ask questions about land values in the area and to give you the best advice possible going forward if you are thinking of selling, staying or re-building in the area.

Presentations:

Introduction:

Bruce Ackerman

Real Estate:

Brett Stanley & Stuart Aldridge, Ray White Healesville

Finance:

Gavin Hunt from the Loan Market

Mike Fleming, or a representative from Bendigo Bank

Yarra Valley Valuations:

Darrell Cann & Lisa Cann, discussion values in fire affected areas.

Shire of Murrindindi

Rob Skinner (Building Surveyor) & Karen Girvan

PURE LOCAL ENERGY PROJECT LAUNCHED TODAY

Households in Murrindindi will be able to save money, reduce their carbon footprint and support local jobs by participating in an innovative community solar energy project.

Launched today across nine rural Victoria municipalities, the program will enable residents to install a 1kW solar photovoltaic (PV) system at the substantially reduced cost of \$2000. This in turn will reduce household electricity bills by an estimated \$250 per year. Interested residents can choose to install the base 1kW system only or a larger system to suit their household needs. The Pure Local Energy Project, which is facilitated by the Northeast Greenhouse Alliance (NEGHA) on behalf of participating local governments, complements the Federal Government's Solar Homes and Communities Plan Rebate which provides financial support up to \$8,000 (\$8 per watt) for installing a 1 kW PV system. Further savings to residents are made possible through the power of bulk buying.

The solar systems to be installed under this program are grid-connected, which means that electricity generated that is not used by the household can be exported back into the national electricity grid. As a result participating residents will be able to take advantage of the proposed Feed-in Tariff scheme. If passed by the State Government of Victoria, the feed-in tariff will see owners of 3.2kW systems or smaller receive a 60 cent tariff (or credit) on their electricity account for every unit of unused electricity they generate and export to the grid.

Installation will be done by local tradespersons. Residents who participate in the project will be supporting local jobs and the local economy.

Mayor Gunter says that while there are a number of positives behind the idea, at the moment it's particularly relevant - as it will give stimulus to local tradespeople - who have been doing it tough - due to the economic downturn and of course, the fires. It also shows that rebuilding with sustainability in mind is not just an idea, it has become a reality. We are proud and happy to take the initiative where we can.

Solar Shop Australia, the country's leading installer of grid connect solar systems, was selected to design and install the systems after a rigorous process that focused on getting a high performance product with long and comprehensive warranties, at a fair and reasonable price.

To gain maximum benefit from the project, residents should be home owner-occupiers, have at least eight square meters (e.g. 2 x 4m) of un-shaded, north-facing roof, and have a household taxable income of less than \$100,000.

The offer is only available for the next five weeks as the Australian Government's solar panel rebate of \$8000 expires on 30 June 2009.

Interested residents and suitably qualified tradespersons are invited to attend community information sessions being held by Murrindindi Shire Council with Solar Shop Australia on Saturday, 23 of May 2009, at the Alexandra Shire Hall from 10 am to 12 noon and on Sunday, 24 of May 2009, at the Kinglake West Hall from 2 pm to 4 pm.

For an obligation-free direct home inspection, please contact Solar Shop Australia at Tel: Solar Shop Australia (133 765) or for more information visit www.solarshop.com.au/purelocalenergy.