



MITCHELL  
Community Health  
***Supporting health and wellbeing in the community***

## **Bushfire Response**

**27 March 2009**

### **What do we do?**

As part of the ongoing recovery process, Mitchell Community Health continues to respond to the needs of bushfire affected communities by providing counselling and personal support to the residents of Murrindindi and Mitchell.

Mitchell Community Health is responsible for coordinating all bushfire counselling and personal support services for both municipalities and we are committed to the health and wellbeing of the community in this unprecedented time of need.

### **Who can use our services?**

Anyone, and the support we provide includes help with:

- problem solving
- adjustment to changed life circumstances
- getting back on track

### **Where are we?**

Currently, our staff are located in the fire affected areas at recovery sites and community service hubs and appointments can be made for face to face counselling services at:

- Alexandra
- Broadford
- Buxton
- Flowerdale
- Kinglake Central
- Kinglake West
- Marysville
- Narbethong
- Seymour
- Wallan
- Yea

To access counselling and personal support services contact the Service Access and Care team on **1300 773 352** or speak with a Mitchell Community Health staff member at your nearest recovery centre of community service hub.

Other services available through Mitchell Community Health include:

- Debriefing for individuals, community groups and businesses
- Education for individuals, community groups and businesses on responses to trauma
- Access and referral to other local health and support services
- Financial counselling and health services

Mitchell Community Health provides high quality community based services in the Murrindindi and Mitchell Shires that can assist you to enhance your physical, emotional and social wellbeing.